

SANOOK

{ENJOY}

SABA NUTRITION GUIDE

[V] Vegetarian [GF] Gluten Free [PF] Paleo Friendly



- ** Medium
- *** Spicy
- **** Very Spicy
- ***** Very Very Spicy

Rice is served with woks and curries, but is not included in the calorie count.

If you have any special dietary requirements please inform your waiter.

All our beef, pork and chicken are Irish.

All our dishes are dairy free, except for our Mango & Lime Mayonnaise dip.

This menu is for collection only.

During busy periods, there may be short delays, but you are welcome to take a seat at our bar while waiting.

APPETISERS

Prawn Crackers

With a peanut & sweet chilli sauce -2.50

Black Pepper Squid*

Served with a ginger soy sauce - 7.95

Saba Chicken Wings*

In a soy sauce, honey and sesame glaze, served with a tamarind dip -7.25

Tom Yaam Soup*** [GF]

Traditional Thai spicy sour soup with chicken, Thai herbs and oyster mushrooms - 6.50

Por Pia Thod [V]

Crispy vegetable spring rolls with woodear mushrooms, served with plum sauce, iceberg lettuce and mint - 5.95

Hoisin Duck Rolls

Aromatic confit of duck wrapped in pancakes with julienne of leek, cucumber, iceberg lettuce and hoisin sauce -7.25

Satay Gai

Grilled chicken skewers with peanut sauce - 6.95

Roasted Sweet & Sour Pork Ribs

Marinated in honey, soy sauce, oyster sauce, coriander and black peppercorn with spring onions, chilli and crushed peanuts - 6.95

Vegetable Parcels [V]

Served with a sweet chilli sauce -6.95

SALADS

Thai Beef Salad** [GF]

Stir fried beef with cucumber. lemongrass, cherry tomatoes, coriander, shallots, spring onion, birds eye chilli and a tangy lime dressing - 10.95

WOK

Choose your favourite style:

Xao Hao Lo (Sao-Hua-Ler)

With asparagus, oyster mushrooms, baby corn, snow peas and cashew nuts

Phad Khing*

With ginger, oyster mushrooms, spring onions, baby corn and peppers

Phad Nam Prik Pao**

With chilli paste in oil, woodear mushrooms, onion, baby corn, spring onion, chilli and Thai sweet basil

Sweet & Sour

With cucumber, onions, peppers, cherry tomatoes, pineapple and spring onions

Crispy Chilli Chicken***

With cashew nuts, sugar snap peas, spring onion and carrots.

Phad Prik Sod***

With chillies, onions, peppers, mushrooms and sweet basil

CHOOSE FROM THE FOLLOWING:

Chicken, Vegetables, Beef Fillet. Prawns - 12.95

Wok dishes can be modified for coeliacs and vegans

PALEO

Caveman**[PF]

Butternut squash, sweet potato, bok choy, carrots, broccoli, peppers, Chinese leaves, mushrooms and lime in a red curry sauce

CHOOSE FROM THE FOLLOWING:

Chicken, Beef, Prawns, Vegetables - 12.50

NOODLE SOUP

Pho Bò

Rice noodle soup with beef and sweet basil served with bean sprouts, basil and condiments – 11.25

NOODLES

Phad Thai* [GF]

Rice noodles with peanuts, eggs, bean spouts and lime with chicken and prawn - 12.95

Phad Thai Jay* [V][GF]

Flat rice noodles with tofu, vegetables, peanuts, egg, beansprouts & lime - 12.95

Saigon*

Vermicelli noodles with prawns, roasted pork, egg, carrots, bean sprouts, and spring onions, Vietnamese style - 12.95

Bangkok****

Flat rice noodles with beef, onions, peppers, chilli, spring onions and sweet basil - 12.95

Chiang Rai***

Spicy egg noodles with chicken, peppers, onions, chilli and sweet basil - 12.50

Pattaya**

Egg noodles with roasted duck, chillies, egg, pak choi, Chinese leaves and mushrooms - 12.95

CURRIES

Massaman Chicken* [GF]

With potatoes, onions, peanuts and crispy shallots

Green Chicken*** [GF]

With pea aubergine, bamboo shoots, string beans, peppers, chillis and sweet basil

Gaeng Karee Fuktong* [V][GF]

Aromatic yellow butternut squash and sweet potato curry with onions and potatoes

Gaeng Pet Nua*** [GF]

Red curry with string beans, bamboo shoots, peppers, chilli, aubergines & sweet basil

CHOOSE FROM THE FOLLOWING:

Chicken, Vegetables - 12.95 Beef Fillet, Prawns - 13.50

SIDES

Egg Fried Rice - 2.95 Saba Brown & Red Rice - 2.75

Fried Egg Noodles - 4.50 Broccoli and Baby Bok Choy [V]

Stir-fried with a garlic and mushroom sauce – 5.50