

# S/4N00K

# {ENJOY}

#### SABA NUTRITION GUIDE

[V] Vegetarian [GF] Gluten Free [VG] Vegan



- \* Mild
- \*\* Medium
- \*\*\* Spicy
- \*\*\*\* Very Spicy
- \*\*\*\* Very Very Spicy

Rice is served with woks and curries, but is not included in the calorie count.

If you have any special dietary requirements please inform your waiter.

All our beef, pork and chicken are Irish.

All our dishes are dairy free, except for our Mango & Lime Mayonnaise dip.

This menu is for collection only.

During busy periods, there may be short delays, but you are welcome to take a seat at our bar while waiting.

# **APPETISERS**

# **Prawn Crackers**

With a peanut & sweet chilli sauce [1,2,4,5,12] - 2.50

# **Black Pepper Squid\***

Served with a ginger soy sauce [1,6,14] – 8.50

#### Saba Thai Spice Box\*\*

Potato fries with fresh peppers, onions, spring onions, coriander, crispy chicken & Saba's secret spice blend [1,3,6]

# Saba Chicken Wings\*

In a soy sauce, honey and sesame glaze, served with a tamarind dip

## Por Pia Thod [V]

Crispy vegetable spring rolls with woodear mushrooms, served with plum sauce, iceberg lettuce and mint [1,6,7] – 5.95

## **Hoisin Duck Rolls**

Aromatic confit of duck wrapped in pancakes with julienne of leek, cucumber, iceberg lettuce and hoisin sauce [1,6,7,9,10,11,14] – 7.95

# **SALADS**

# Thai Beef Salad\*\* [GF]

Stir fried beef with cucumber, lemongrass, cherry tomatoes, coriander, shallots, spring onion, birds eye chilli and a tangy lime dressing [4,5] –10.95

# **PALEO**

# Caveman\*\*[PF]

Butternut squash, sweet potato, bok choy, carrots, broccoli, peppers, Chinese leaves, mushrooms and lime in a red curry sauce [2,4]

#### CHOOSE FROM THE FOLLOWING:

Chicken, Vegetables - 14.25 Beef Fillet, Prawns - 14.95

# NOODLE SOUP

## Pho Bò

Rice noodle soup with beef and sweet basil served with bean sprouts, basil and condiments [1,6] – 11.50

# WOK

## Choose your favourite style:

# Xao Hao Lo (Sao-Hua-Ler)

With asparagus, oyster mushrooms, baby corn, snow peas and cashew nuts [1,6,8,14]

# Phad Khing\*

With ginger, oyster mushrooms, spring onions, baby corn and peppers [1,6,14]

# Phad Nam Prik Pao\*\*

With chilli paste in oil, woodear mushrooms, onion, baby corn, spring onion, chilli and Thai sweet basil [1,2,4,6,14]

#### Sweet & Sour

With cucumber, onions, peppers, cherry tomatoes, pineapple and spring onions [1,3,6,12,14]

# Crispy Chilli Chicken\*\*\*

With cashew nuts, sugar snap peas, spring onion and carrots [1,3,6,8,12,14]

#### Phad Prik Sod\*\*\*

With chillies, onions, peppers, mushrooms and sweet basil

# **CHOOSE FROM THE FOLLOWING:**

Chicken, Vegetables - 14.25 Beef Fillet. Prawns - 14.95

Wok dishes can be modified for coeliacs and vegans

# **NOODLES**

# Phad Thai\* [GF]

Rice noodles with peanuts, eggs, bean spouts and lime with chicken and prawn
[2,3,5] - 14.25

# Phad Thai Jay\* [V][GF]

Flat rice noodles with tofu, vegetables, peanuts, egg, beansprouts & lime [3,5]
- 13.95

# Saigon\*

Vermicelli noodles with prawns, roasted pork, egg, carrots, bean sprouts, and spring onions, Vietnamese style [1,2,3,4,5,6,14]
- 13.95

# Bangkok\*\*\*\*

Flat rice noodles with beef, onions, peppers, chilli, spring onions and sweet basil [1,6,14] - 14.50

# Chiang Rai\*\*\*

Spicy egg noodles with chicken, peppers, onions, chilli and sweet basil [1,6,14] - 13.95

# **CURRIES**

# Massaman Chicken\* [GF]

With potatoes, onions, peanuts and crispy shallots [2,4,5]

# Green Chicken\*\*\* [GF]

With pea aubergine, bamboo shoots, string beans, peppers, chillis and sweet basil [2,4]

# Gaeng Karee Fuktong\* [V][GF]

Aromatic yellow butternut squash and sweet potato curry with onions and potatoes

# Gaeng Pet Nua\*\*\* [GF]

Red curry with string beans, bamboo shoots, peppers, chilli, aubergines & sweet basil [2,4]

#### **CHOOSE FROM THE FOLLOWING:**

Chicken, Vegetables - 14.25 Beef Fillet, Prawns - 14.95

# SIDES

Egg Fried Rice [3] - 2.95

Saba Brown & Red Rice [GF] - 2.75

**Fried Egg Noodles** [1,6,14] - 4.50

## Broccoli and Baby Bok Choy [V]

Stir-fried with a garlic and mushroom sauce [1,6,11]
– 5.50